



Existential-Humanistic Institute
EDUCATION AND EXPERIENTIAL TRAINING

SCHEDULE ANNOUNCED!

EHI Conference

Nov 30th & Dec 1st, 2018

Please join us for EHI's Conference in San Francisco!

From Sigmund Freud to Viktor Frankl to Alfried
Längle:
The Legacy of Vienna and the Search for Meaning

Presented by: [The Existential-Humanistic Institute & Pacific Institute](#)

Dates: Friday Evening, November 30th & Saturday, December 1st, 2018

Location: First Unitarian Universalist Church and Center, 1187 Franklin Street,
San Francisco, CA 94109

The Existential-Humanistic Institute (EHI) is honored to feature Alfried Längle, MD from Vienna as this year's Keynote Speaker on Friday evening and Guest Workshop Presenter on Saturday morning. This 10th conference will also include a dynamic, interactive group discussion hosted by EHI's Kirk Schneider, Nader Shabahangi, Sonja Saltman, Orah Krug, Mary Madrigal, Troy Piwowarski, Doug Silberstein and Special Guest Dr. Längle.

2018 CONFERENCE SCHEDULE

Friday, November 30th

6:30PM-9:00PM

ALFRIED LÄNGLE'S KEYNOTE & SOCIAL HOUR FOLLOWING

Friday, 6:30pm - 7:00pm Check-in/Registration

Friday, 7pm-8pm Keynote*: *To Live With Inner Consent – An Existential Analytical Approach to a Fulfilling Life*

Alfried Längle, Vienna

*CEs pending

Human beings strive for happiness. We all want to have a good life. But how can we reach this goal? Upon what does it depend to get fulfillment in life? – The good life depends upon much more from ourselves than we often think. In large part, it depends upon really becoming ourselves. Only when we can make use of what we are essentially, in the deep inner self, and only if we can thus bring ourselves to the world, "to existence," can we get back a feeling that all our endeavors are worth being lived.

The concept of "inner consent" is key to such existential access, or the life well lived. It embraces our freedom as well as our relationship and feelings, our perception of the world's reality and possible development in the future including the meaning of existence. This feeling of inner consent reflects our basic capacity to deal with the world and ourselves.

Further, it forms a matrix for motivation and practical guidance of life but also for the understanding and treatment of psychopathology. In short, the question of inner consent forms the basis for the structural model of modern Existential Analytical Psychotherapy.

Friday, 8pm-9pm Social Hour: *Mingle, Nosh and Network*

Saturday, December 1st

9:00AM - 5:30PM

ALFRIED LÄNGLE'S WORKSHOP & PANEL/Q&A FOLLOWING

Saturday, 10am - 1pm*: *Expanding Humanistic Practice with Existential Analysis and Logotherapy*

Alfried Längle, Vienna

*CEs pending

This workshop focuses on building a bridge between the given humanistic understanding of treatment and the add-ons by Existential Analysis and Logotherapy. Furthermore, it offers the opportunity to arrive at a closer view of four key existential themes. These four themes derive from a phenomenological understanding of human experience, and form an inescapable life-challenge with

which each person must confront. They are: the world, being alive, being a person, and needing meaning.

The workshop will focus on the application of these themes to psychotherapy and their implication for psychopathology. Thus, it opens access to introspective uses of the existential themes and for experiments in everyday living. A demonstration of the approach as well as small group work will be included.

1pm-2:30pm LUNCH BREAK- On our own

2:30pm-4:30pm EHI Panel with Alfried

4:30pm-5:30pm Q&A / Closure

Keynote Speaker: Dr. Alfried Längle



Alfried Längle, M.D., Ph.D., Dr. h.c.mult., was born in 1951 in Austria, studied medicine and psychology and works in private practice in Vienna as a psychotherapist. He worked in close collaboration with Viktor Frankl from 1983 to 1991. Dr. Längle is the founder of the International Society for Logotherapy and Existential Analysis (Vienna) and its psychotherapeutic training program. Since 2004 he has served as a Professor of Applied Psychology (psychotherapy) at Moscow's HSE University and is a guest professor at Vienna's Sigmund Freud University (since 2011). Dr. Längle has served as Vice President of the International Federation of Psychotherapy (IFP - 2002-2010) and President of the International Society for Logotherapy and Existential Analysis, Vienna until 2017. Dr. Längle has authored over 400 publications and is the recipient of six honorary professorships.

Save the Date!

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Conference Questions?

Contact EHI today!

Do you have questions about EHI's upcoming conference?

Contact Dr. Mary Madrigal at Conf@ehinstitute.org

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The EHI Conference is sponsored by [Pacific Institute](#).
