**Webinar Sept – Oct. 2017, 2 sessions with 3 hours**

**Burnout:**

* Why burnout is a symptom of our times
* Symptomatology
* The role of stress
* Definition and diagnosis
* Burnout and meaning, existential vacuum (Frankl)
* Self-experiential access
* Existential Analysis of burnout – existential ethiology
* Existential source of the neediness
* Prevention
* Therapy

**Objectives:**

1. To know the specific process how burnout develops
2. Being able to diagnose burnout in different stages, with differential diagnosis to depression
3. Understanding the connection of burnout with existential deficits which are causal for its development
4. Recognizing the underlying roots of neediness
5. Preventive interventions
6. Therapy